

# RESUME

## GUNDARS (“Ti”) TILMANIS

### Tennis Playing Background

#### Junior Tennis Player Experience

- Grew up in Melbourne, Australia, playing tennis in the Owen Davison, Allan Stone, John Cooper era
- Member of the Victorian Linton Cup Squad for 2 years
- Finalist, Victorian Schoolboy Championships, U18 Singles
- Semifinalist, Victorian Junior U18 Championships
- A- grade pennant player in Melbourne for 3 years

#### College Tennis Player Experience

- 7 years of Division I
- University of Melbourne, 1963 – 1965
- University of Oregon, 1966 – 1968
- Voted “Most Valuable Collegiate Player” in the Pacific NW Conference, 1968
- University of Western Australia, 1970 – 1973, as a staff member
- Western Australian Men’s Open Hardcourt Singles’ Champion, 1973

#### Adult Tennis Player Experience

- 40 years of tournament play primarily in the Pacific NW, USA
- Currently playing 3 or 4 tournaments a year
- Nike World Masters’ 50+ Doubles Champion

At age 22, I retired from playing tennis full time to enroll at the University of Oregon and pursue my academic interest of obtaining a Master’s Degree in Physical education with all relevant coursework geared toward teaching and coaching tennis.

### Academic Background

#### School

- Diploma in Physical Education, University of Melbourne, 1963
- BS and MS in Physical Education, University of Oregon, 1965 – 1970
- Lecturer in Human Anatomy and Physical Education, University of Western Australia, 1970 – 1973
- Men’s and Women’s Tennis Coach and Lecturer, Athletic Department, Lewis and Clark College, Portland, Oregon, USA, 1990 – 2012

#### Publications

- Author, 3 books
- Advanced Tennis for Coaches, Teachers and Players, 1975
  - Published by Lea and Febiger, Philadelphia, Pennsylvania
  - Translated into Spanish and German and sold worldwide
- A Manual of Group Tennis Drills for Competitive Players, 1995
  - Adopted by the ITS and used as a textbook for their courses worldwide
  - Adopted and sold by the USPTA and PTR in the United states
- Tennis: Prepare to Win: Accelerating Player Improvement, 1999
  - Written exclusively for Tennis Australia

## **Director of Tennis, Private Clubs**

### **West Hills Racquet Club, Portland, Oregon, 1973 – 1979**

- Facility with 8 indoor and 8 outdoor courts as well as pool, clubhouse, restaurant and other amenities
- Membership involved approximately 1,000 families

### **Mountain Park Racquet Club, Lake Oswego, Oregon, 1979 – 1990**

- Facility with 9 indoor and 6 outdoor courts
- Membership involved approximately 800 families

During the 17 years of my club coaching career, I organized and implemented dozens of tennis programs. One of the most rewarding and successful ventures was the junior development program. This project enabled me to develop many elite tennis players, starting with them as youngsters and taking them through their late teens. During this time, I helped develop dozens of high school and state champions. Many went on to play NCAA Division I college tennis. Some of these collegiate players become national champions who went on to play Grand Slam tournaments. One student of mine played Federation Cup. I have traveled to Grand Slam tournaments as a personal coach. I am proud of these students' efforts and consider this a personal accomplishment as they were all from the same tennis club and products of my coaching.

## **USTA Clinician**

In 1975, I began working as a clinician for the USTA, fitting these engagements in around club commitments. I was able to make time to be a speaker at a variety of national coaching workshops and events. Some more notable projects were:

1. Working with Arthur Ashe in the late 1970s to implement the Schools Program. Arthur came to Portland and we developed and initiated the pilot program at several Portland area schools. The format we set up is still used today.
2. Representing the USTA, I flew to Saudi Arabia in 1978 on a two-week trip to help the Saudis set up their national tennis program.
3. Speaking regularly at the USTA Coaches' Conference held at the beginning of the US Open each year.

## **Coaching Coaches**

I conducted my first seminar for coaches in Western Australia in 1973. Over the past 40 years, I have conducted or been a speaker at hundreds of coaching sessions around the world. Sometimes, these workshops or seminars have been privately arranged. Sometimes I have been sent or sponsored by the ITF, USTA, Prince or Head / Penn. Attached, please find a letter of recognition from Henry Talbert, former USTA Director of the USTA National Tennis Teacher's Conference.

## **Special Awards**

- Leo Harris Award
  - University of Oregon Alumni Man of the Year, 1988
  - Awarded annually to an alumni letterman on the basis of 20 years of achievement and service (in my case, for tennis)
- Featured in the Hall of Champions in the Len Cassanova Center, University of Oregon Campus (for tennis)
- Featured on the wall in the John E. Jaqua Learning Center for Student Athletes, University of Oregon campus (athletes selected on the basis of "a few who just did it")
- USTA Tennis Teachers' Conference Emeritus Award, 2012 (recognizes an individual who has made a significant and long term contribution as a speaker at the annual USTA Tennis Teachers Conference)

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