



# Tilmanis Tennis Junior Holiday Tennis Clinic



December 27, 28, 29, 2019  
Oregon Episcopal School, Portland, Oregon

The clinic is geared towards Intermediate to Advanced Players.

### Clinic Participants Will Receive The Following:

- Fast paced singles and doubles drills
- Physical fitness session
- Sports science topic: "The Mental Game"
- Games and prizes

### Teaching Staff

- Gundars Tilmanis ("Til"), USPTA, PTR
- Craig Zetterberg, Physical Education Specialist
- Jimmy Chau, Lewis and Clark Tennis Coach
- Amy Curran, OES Summer Camp Staff, State Title, Doubles
- Kurt Lindner, Physical Education Specialist

### When

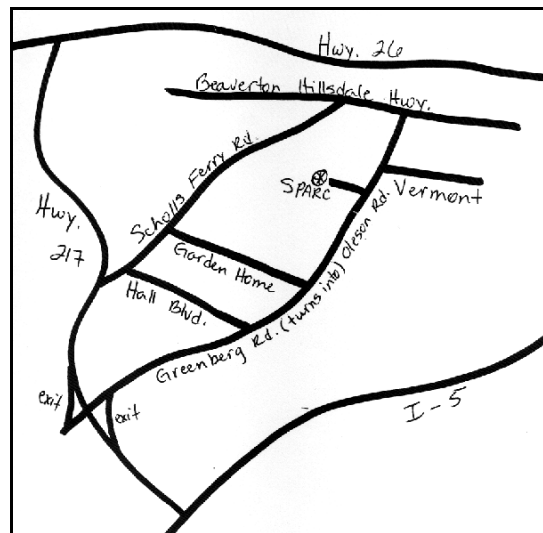
December 27, 28, 29, 2019  
(Friday, Saturday, Sunday)  
9 am - Noon (total of 9 hours of instruction)

### Where

Oregon Episcopal School  
Sports and Recreation Center (SPARC)  
6699 SW Oleson Rd, Portland, OR 97223

### Cost

\$195 per person  
Limited to 30 spaces.



**From I-5:** Take Hwy 217 north towards Beaverton. Take Greenburg Rd exit and turn right.

**From Hwy 26:** Take Hwy 217 south towards Beaverton. Take the Greenburg Rd exit and turn left.

**All:** Greenburg turns into Oleson Rd at Hall Blvd and Oleson Rd. Stay on Oleson Rd, going past the Dairy Queen at Garden Home Blvd. Continue on Oleson. You will soon go down a hill curving to your left. At the bottom of the hill, look for a green pillar on your left and the sign for SPARC. Turn left into SPARC.

**Please DO NOT go to the main campus at OES or call the school for directions / information.**

**Please use the form below to register for the clinic. Save the top portion for your information.**

Name \_\_\_\_\_ School \_\_\_\_\_ Age \_\_\_\_\_

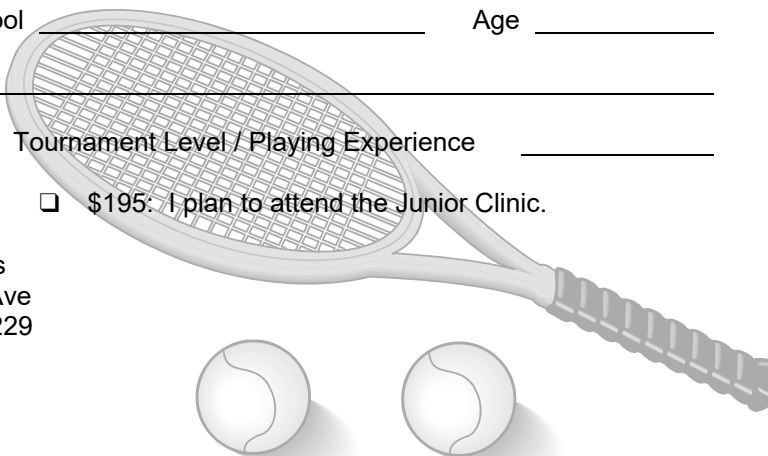
Address \_\_\_\_\_

Phone \_\_\_\_\_ Tournament Level / Playing Experience \_\_\_\_\_

Email \_\_\_\_\_  \$195: I plan to attend the Junior Clinic.

**Make Check Payable to and Mail to:** Gundars Tilmanis  
1246 NW 122<sup>nd</sup> Ave  
Portland, OR 97229

**Questions:** 503-593-5046  
tiltennis@hotmail.com  
www.tilmanistennis.com





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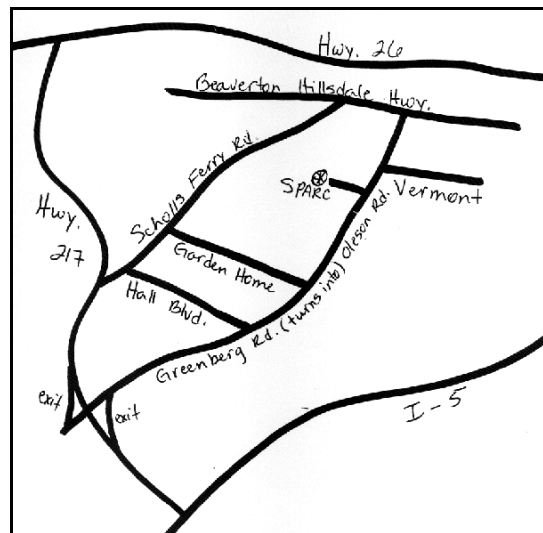
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